

# PRACTICE PRACTICING

*(Fill out this form as you practice)*

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

In addition to handing in your practice record, (which you have to do anyway) hand in this sheet from one of your practice sessions and receive 5-10 extra points toward your average in band.

Name of piece or exercise you are working on: \_\_\_\_\_

What spot are you working on? \_\_\_\_\_

Describe how you decided you needed to work on this spot:

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What is your goal in your practice? What is hard about this spot? It might be:

- Difficult rhythm
- Difficult note/fingering patterns – awkward fingerings/stickings
- Too high, too low, or too fast
- Difficult dynamics

Be specific... why was it difficult (“I didn’t understand the rhythm” or “I could count it, but I couldn’t play it and keep track of the beat” or “I couldn’t get the sticking” or whatever describes your issues.

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Describe what techniques you used to tackle this spot:

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About how many times did you practice this spot in one session? \_\_\_\_\_

Describe some of your successes or frustrations.

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What are your future practice plans for this spot?

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(optional) Is there anything else you want to say about this experience... (Did you learn something about your instrument, or about you as a practicer, or about practicing in general, or about the piece of music. Was the session useful? Did it feel like a lot of work? Was it fun? Or...)

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